



HealthAdvocateSM

Home Schooling Classroom Set-up and Tips



Setting up your homeschool space



Setting up your homeschool space

Keep an Open Mind

- This area does not need to look like a classroom

Find the Right Work Surface

- Dedicate a table or desk where work can be laid out and left uninterrupted

Prioritize Comfort

- Make sure you have a comfortable chair you can sit in for periods of time

Set up Your Supplies & Materials Nearby



Setting up your homeschool space

Consider Aesthetics

- Create an art or academic wall to keep creations
- A cork board is a good idea for the gallery

Make Clean-up Simple

- Keep the homeschooling work area clutter free
- Keep a trash can and recycling bin nearby

Go Outside!

- Don't forget to use the outdoors as learning spaces, especially on nice days

Consult Your Student

- Ask your child(ren) who will be using the space what they would find to be the most helpful
- Reassess your space periodically and make the changes needed

Tips & Tricks for Homeschooling



Map out the school year ahead of time

- Get a copy of your school district's academic calendar
- Work together to set learning goals by month



Set learning goals together

- Outline some learning objectives for your child ahead of time
- Track progress on your goals and plan out big projects



Follow a daily schedule

Establishing a predicable routine can provide a sense of normalcy

- If you are teaching more than one child – use a swim lane diagram to track multiple daily schedules
- Color code by type of activity or school subject
- Pick a system that works for you and your schedule – but keep a routine

A young girl with curly hair, wearing a yellow shirt and blue jeans, is sitting on a wooden bench and playing chess. A man with a beard, wearing a blue shirt, is leaning over her, looking at the chessboard. The chessboard is on the bench, and the pieces are wooden. The background is a blurred outdoor setting with greenery.

Take learning beyond the classroom

Play board games

Practice baking and cooking

Write emails to friends and family

Visit local businesses

Go to the farmer's market

Go to the library

Make learning a family activity

Look for learning outside of the textbooks

- Read together
- Explore a new hobby
- Have a family member teach a skill
- Make crafts
- Be a tourist in your own town
- Take a family hike
- Take a trip to the zoo



Collaborate with other homeschoolers

There are many homeschool communities all around

- Connect online with groups and dedicated learning websites for access to shared resources
- Research your local school district parent network





Ease into school

Prepare for a period of transition

Consider starting with just one or two subjects the first week then adding more each week

Don't be afraid to experiment with your learning style and schedule

Virtual Learning for Children

Online Learning Websites

- **Khan Academy – khanacademy.org**
Online courses in various subjects
- **DuoLingo – duolingo.com**
Languages
- **Discovery Education – discoveryeducation.com**
Digital textbooks & education resources
- **Kids Activities Blog – kidsactivitiesblog.com**
Activities and crafts
- **Live Science – livescience.com**
Science
- **PBS Kids – pbskids.org**
Educational games and videos
- **Scholastic Books – scholastic.com**
Learn at Home programs
- **The Journal – thejournal.com**
Education technology news magazine
- **Starfall – starfall.com**
Reading support
- **Project Gutenberg – gutenberg.org**
Free online books
- **Time4Learning – time4learning.com**
Computer games for preschool through 8th grade (has a monthly fee)
- **Reading Eggs – readingeggs.com**
Early reading resources
- **Academic Earth – academicearth.org**
Advanced level lectures in various subjects

Homework Help Websites

- **Quizlet – quizlet.com**
Create customized games and flashcards for any topic or browse any that are already created
- **Photo Math – photomath.net**
Take a photo of an equation and it will help solve it
- **Study Geek – studygeek.org**
Math help for algebra, geometry, trigonometry, calculus, statistics; includes a math solver tool to help solve any math problems
- **Fact Monster – factmonster.com**
Free reference materials & flashcards, atlas, almanac, encyclopedia
- **Parent Toolkit – parenttoolkit.com**
By NBC News & Pearson, includes sample math problems, language arts exercises
- **Hippo Campus – hippocampus.org**
Multimedia academic content with videos and sample quizzes – includes algebra, geometry, calculus, earth science, biology, physics, history, and English
- **Scholastic Parent & Child – scholastic.com**
Helps parents brush up on various topics and includes a flash card maker and spelling wizard to make customized cards and games
- **Ask Dr. Math – mathforum.org**
Managed by Drexel University
- **Homeworkhelp.com – homeworkhelp.com**
Grades 4-12 and college
- **24houranswers.com – 24houranswers.com**
Can submit questions for any topic

Homeschooling Curriculums

- **Oak Meadow – oakmeadow.com**
Distance learning school and K-12 homeschool curriculum provider
- **Moving Beyond the Page – movingbeyondthepage.com**
Homeschool curriculum that covers science, social studies, and language arts
- **k12 – k12.com**
Online education using the technology of online homeschool courses
- **Cathy Duffy Reviews – cathyduffyreviews.com**
Site for homeschool curriculum reviews
- **Clickschooling – clickschooling.com**
Free homeschooling curriculum ideas

Helping Children Cope with Emotional Changes

- **American School Counselor Association – schoolcounselor.org**
COVID-19 Resources
- **National Association of School Psychologists – nasponline.org**
article on how to help children cope with the changes

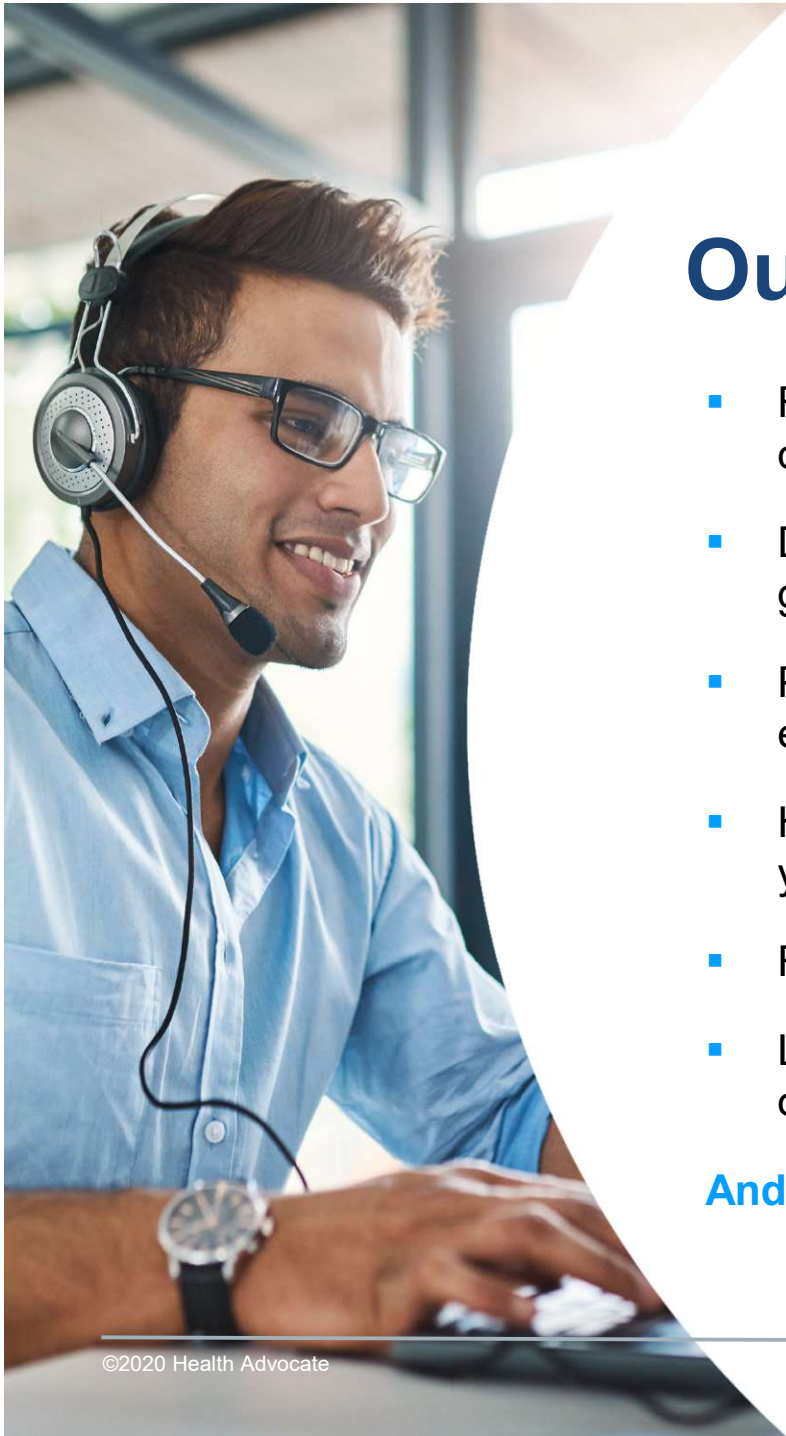


Keep Health Advocate Top-of-Mind



Special Needs Children

- Locate and directly communicate with qualified doctors for second opinions
- Research in-home care and school- and community-based services
- Identify leading treatment centers
- Research conditions, latest treatment options, medication side effects and generic equivalents
- Explain Medicaid and other benefits issues
- Untangle medical bills; uncover errors

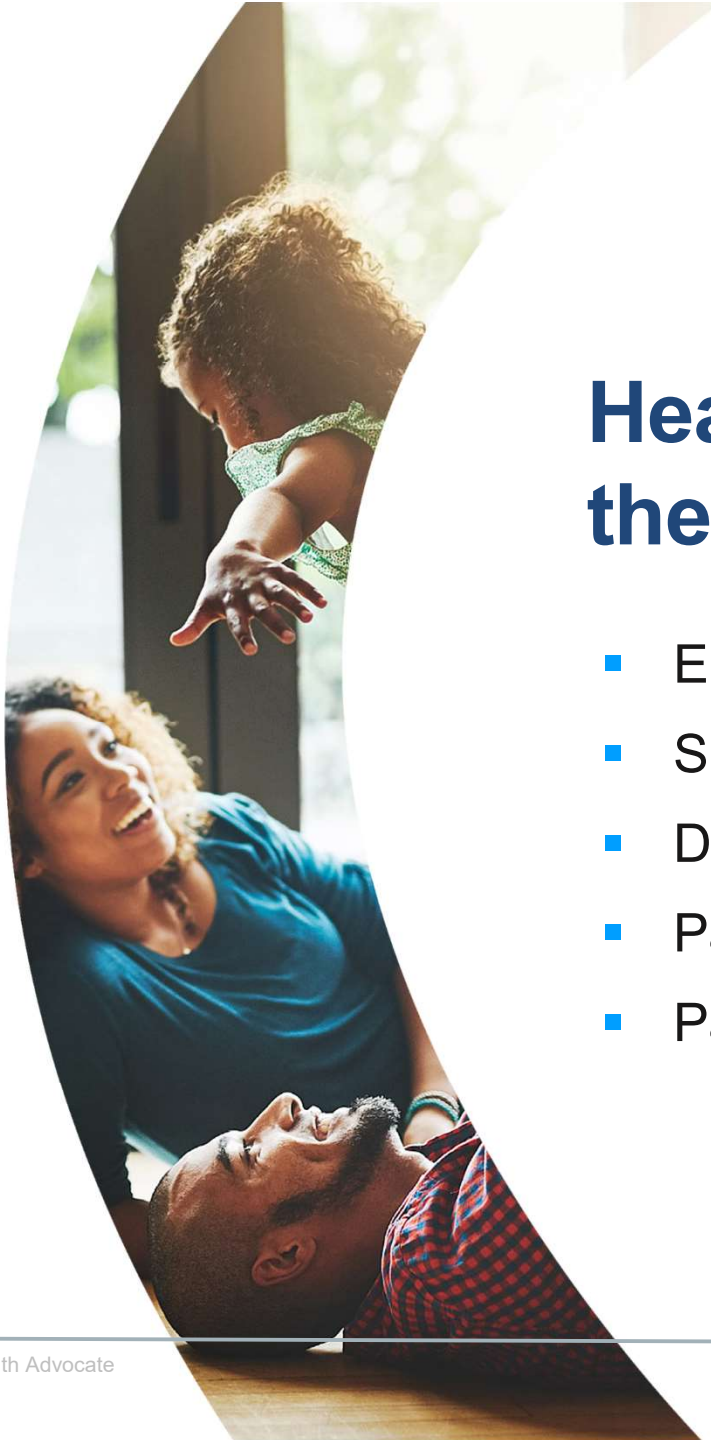


Our Team is ready to help

- Review current CDC, state and local health department guidelines
- Discuss symptoms, provide testing information; guide to healthcare provider as needed
- Provide guidance around preventive measures and exposure avoidance
- Help stay on schedule with routine immunizations, yearly flu shots and well-child visits
- Review employer benefits coverage
- Locate behavioral health specialists for emotional or adjustment issues, etc.

And much more!

HealthAdvocateSM



Health Advocate helps the whole family

- Employees
- Spouses
- Dependents
- Parents
- Parents-in-law



Resources

Setting Up Your Homeschool Space

www.oakmeadow.com/setting-up-your-homeschool-space/

Tips and Tricks for homeschooling

www.lucidchart.com/blog/8-homeschool-tips-and-tricks

A photograph of a man with glasses and a beard leaning over a young girl with blonde hair. The girl is sitting at a desk, smiling and looking up at the man. She is wearing a blue polka-dot shirt. The man is wearing a grey shirt. The background is a blurred indoor setting with a plant and some papers on the desk.

Thank You!

The logo for HealthAdvocate, featuring a stylized white heart shape with a blue eye-like graphic inside, set against a dark blue circular background.

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