
Job Title	Strength and Conditioning Coach
PVN ID	QC-1912-003432
Category	Instruction and Social Service
Location	QUEENS COLLEGE
Department	Athletics and recreation
Status	Full Time
Salary	Depends on qualifications
Hour(s) a Week	35
Closing Date	Mar 04, 2022 (Or Until Filled)

General Description

Queens College seeks a full time Strength and Conditioning Coach. The Strength and Conditioning Coach is a support staff member under the leadership of the Director of Sports Medicine (in the Athletics Student Support Services area). The Strength and Conditioning Coach is responsible for conducting sport-specific season testing, designing and implementation of safe and effective strength training and conditioning programs including Winter & Summer packets, and providing guidance to student-athletes representing 16 NCAA Division II sponsored sports and nationally competitive Dance team.

Duties include, but are not limited to: oversee the athletic performance operations to ensure compliance with institutional, conference and governing bodies rules and regulations; coordinate time schedules for use of the facility by each sport team and individual student athlete; teach proper resistance training exercise techniques and assist in spotting when necessary; oversee the selection, installation, and maintenance of performance equipment (cleaning and repair); take on interns throughout the academic year and perform subsequent duties; develop and submit annual budget; perform other duties as assigned by supervisor. Individual must run strength and conditioning camps and clinics throughout the year.

Other Duties

The individual must have enough mobility to perform the following activities: running, walking, sitting, climbing, balancing, stopping, kneeling, crouching, or crawling. Candidates must have the ability to demonstrate various speed & agility drills, jumps, throws and weightlifting movements.

Applications are currently being accepted and interviews will begin immediately. This vacancy will remain open until a qualified candidate is identified.

The Queens College department of athletics offers varsity, intramural and recreational athletics opportunities to members of its campus community. The college sponsors 16 varsity sports at the NCAA Division II level, with

the Knights competing predominately in the East Coast Conference. Queens College's department of athletics encourages all student-athletes to complete a meaningful academic degree program, participate fully in the college community and prepare for life after college athletics. For more information on athletics, please visit www.queensknights.com.

Located on a beautiful, 77-acre campus in Flushing, Queens College of the City University of New York enjoys a national reputation for its liberal arts and sciences and pre-professional programs. Each year Queens College has been cited by The Princeton Review as one of the nation's 100 "Best Value" colleges, thanks to its outstanding academics, generous financial aid packages, and relatively low costs. In addition, U.S. News & World Report America's Best Colleges (2011) ranks QC among the top 10 public universities in its category "Best Universities – Master's (North)." The college opened its first residence hall in August 2009. For more information on Queens College contact at www.qc.cuny.edu.

Queens College is an Equal Opportunity/Affirmative Action Employer with a strong institutional commitment to the achievement of excellence and diversity among its faculty and staff.

Qualifications

Candidates must have a Bachelor's degree, related strength and conditioning certification, CPR/AED/First Aid Healthcare provider certification, and a valid driver's license. The candidate should have strong verbal and written communication skills, solid organizational skills, knowledge of NCAA rules and regulations, and the background and personality to interact with colleagues and clients.